

GLUTEN FREE MENU

Our kitchens are not exclusively gluten free.
We make every effort to avoid cross contamination.

BREAKFAST

(Served until 11.00am)

Bacon, Sausages, Eggs, Tomatoes and Mushrooms, together with potato rostitis
£5.95

MAINS

Smoked Salmon and Asparagus Rosti

Pan fried asparagus on a rosti potato cake with smoked salmon & lemon crème fraiche
£7.95

Prawn & Crayfish Cocktail

Prawns & crayfish tails
£5.95

Freshly Carved Turkey Salad

Freshly carved, locally sourced Turkey on a bed of mixed leaves, cherry tomatoes, spring onions
£7.95

Seafood Platter

Our famous sea food platter, a trio of fine seafoods, crayfish, smoked salmon & prawns, served with a crisp lemon crème fraiche on a bed of mixed leaves
£9.95

Ham Salad

Freshly carved, locally sourced Ham on a bed of mixed leaves, cherry tomatoes, spring onions
£7.95

SIDE ORDERS

French Fries*

£2.50

Side Salad

£2.50

DESSERTS

Eton Mess

*A delicious combination of Meringue, Whipped Cream
and Fresh Strawberries – truly delightful!*
£4.50

*Please be aware that although the fries will not be cooked at the same time as food containing gluten, the oil will have been used for other dishes containing gluten during the day

TOASTED SANDWICHES

All of our toasted sandwiches are served on Gluten Free Multiseed bread

Bacon & Cheddar Melt

Bacon and Cheddar on toasted bread served with a salad garnish
£5.95

Tuna & Cheese Melt

Tuna and Cheddar on toasted bread served with a salad garnish
£5.95

Bacon & Blue Cheese Melt

Bacon and Blue Cheese on toasted bread served with a salad garnish
£6.50

Croque Monsieur

The famous ham & cheese toastie served with a salad garnish (contains mayonnaise)
£6.25

Toasted BLT

Bacon, lettuce, tomato & mayonnaise sandwiched between three layers of toasted bread
£5.95

Toasted TLT

Tuna mayonnaise, lettuce & tomato sandwiched between three layers of toasted bread
£5.95

Toasted Club Sandwich

Turkey, bacon, lettuce, tomato & mayonnaise sandwiched between three layers of toasted bread
£6.50

Ham, Cheddar & Pineapple Toasted Sandwich

Ham, Cheddar and Pineapple on toasted bread served with a salad garnish
£5.95

Turkey, Brie & Cranberry Sauce Toasted Sandwich

Turkey, Brie & Cranberry on toasted bread served with a salad garnish
£5.95

Cheese & Tomato Toasted Sandwich

Cheddar & Tomato on toasted bread served with a salad garnish
£5.50