

# DAIRY FREE MENU

All dishes on this menu are suitable for dairy free and therefore lactose intolerant customers. For those customers who also choose not to eat eggs, we have also highlighted where they form part of the dish

## **£6.50 BREAKFAST MENU**

**Last orders at 11.45am every day**

**PLEASE NOTE: toast is served using dairy free spread**

### **DAIRY FREE & EGG FREE BREAKFAST**

Locally sourced bacon rasher, locally sourced sausage, a grilled tomato & mushrooms & a hash brown Served with a slice of toast  
Bottomless Filter Coffee or Tea  
**6.50**

### **GLUTEN FREE BREAKFAST**

Locally sourced bacon rasher, **two free range feied eggs**, a grilled tomato & mushrooms & a hash brown Served with a slice of GF toast (**contains eggs**)  
Bottomless Filter Coffee or Tea  
**6.50**

### **VEGETARIAN BREAKFAST V**

Grilled tomato, mushrooms, hash brown, baked beans and **two free range fried eggs**. Served with a slice of toast  
Bottomless Filter Coffee or Tea  
**6.50**

### **BACON & EGGS**

Three rashers of bacon with **two free range eggs**. Served with two slices of toast  
Bottomless Filter Coffee or Tea  
**6.50**

### **BACON & FRIED EGG SANDWICH**

Two locally sourced bacon rashers with a **free range fried egg** on granary or white bread  
Bottomless Filter Coffee or Tea  
**6.50**

### **FRIED EGGS ON TOAST**

**Two fried eggs** on two slices of toast, served with grilled mushrooms & tomato  
Bottomless Filter Coffee or Tea  
**6.50**

## **GOURMET SANDWICHES**

All sandwiches are made using dairy free spread

**SMOKED SALMON** with Lemon & Ground Black Pepper  
**5.75**

**CARVED HAM SALAD**  
**5.50**

**TUNA** with Cucumber  
**4.95**

Lunch dishes are available from 12pm onwards

## **LUNCH DISHES**

### **HOME MADE SOUP V**

Served with bread and dairy free spread  
**5.50**

### **FISH & CHIPS**

Hand battered fish and chips served with a salad garnish  
**10.95**

### **HOME MADE CORNED BEEF HASH**

Pan fried baby new potatoes with corned beef and onion, served with fire roasted tomatoes, **topped with a poached egg**  
**9.95**

### **BENSONS GARDEN SALAD**

A fresh seasonal salad served with our house dressing  
**6.95**  
For 2.00 extra add Ham

## **HOT TOASTIES**

### **TUNA & TOMATO**

Tuna and Tomato on toasted bread, served with a salad garnish  
**5.95**

### **HAM & TOMATO**

on toasted bread, served with a salad garnish  
**5.95**

## **CREAM TEAS**

### **HOME BAKED DAIRY FREE SCONE V**

Served with dairy free spread & strawberry preserve  
**3.25**

## **£5 CREAM TEA V**

A home baked gluten free/dairy free scone served with Dairy free spread & strawberry preserve, together with a pot of English breakfast tea  
**5.00**

## **£5 CAKE & COFFEE**

Raspberry Bakewell slice with any regular tea or coffee  
Available all day

**5.00**

## **HOME MADE CAKE**

**RASPBERRY BAKEWELL SLICE**  
**3.95**

**PLEASE ADVISE THE TEAM  
WHEN ORDERING THAT  
YOU REQUIRE DAIRY FREE**